



March 2024
ONLINE SEMINAR

Best (Furry)Friends

ONLINE SEMINAR

Explore the extraordinary connection we share with our animal companions. Connect with us to understand how pets can enhance your mental and emotional wellbeing.

USERNAME: NIAGARA

PASSWORD: COUNTY

**This seminar will be available
starting
March 19th**

www.inova.org/eap

YOUR EMPLOYEE ASSISTANCE PROGRAM